

Research on Multimorbidity and Chronic Conditions: Methodological Challenges and Innovative Approaches

IV Multimorbidity LOXO-MULTIPAP
International Conference

II Research Network on Chronicity, Primary
Care and Prevention and Health Promotion
(RICAPPS) Conference

INSCRIPCIÓN/REGISTRATION ([click here](#))



October 23rd

Location: **Fundación Tatiana**



October 24th, 25th

Location: **Instituto de Salud Carlos III**



October 23rd - PRECONFERENCE WORKSHOP

Organized collaboratively by LOXO-RICAPPS and the Aging Research Center of Karolinska Institutet

Young Researchers Working on Multimorbidity

Location: Fundación Tatiana, [P.º del Gral. Martínez Campos, 25, Chamberí, 28010 Madrid](#)

Capacity is limited; registrations will be accepted until full

9:00 – 9:15 Welcome Reception: Isabel Del Cura González and Amaia Calderon Larrañaga

9:15 – 10:00 **Block 1: Patterns and trajectories of multimorbidity**

Chair: [Amaia Calderon Larrañaga](#), ARC Karolinska Institutet

Multimorbidity patterns: current evidence and future steps.

[Giorgi Beridze](#) | ARC Karolinska Institutet

Trajectory of multimorbidity patterns in European older adults: an application of latent transition analysis.

[Lluís Zacarías Pons](#) | IDIAP Jordi Gol. RICAPPS

10:00 – 11:00 **Block 2: Risk factors and effect modifiers of multimorbidity**

Chair: [José María Valderas Martínez](#) | National University of Singapore

Depression and multimorbidity: exploring their interrelatedness.

[Federico Triolo](#) | ARC Karolinska Institutet

Frailty modifies multimorbidity patterns and trajectories in the older population.

[Lucía Amalia Carrasco-Ribelles](#) | IDIAP Jordi Gol. RICAPPS

Dietary patterns and accelerated multimorbidity in older adults: 12-year results from a Swedish population-based study.

[David Abbad Gómez](#) | Instituto de Investigación Hospital del Mar. RICAPPS

11:00 – 11:30 **Coffee break**

11:30 – 12:15 **Block 3: Methodological innovations**

Chair: [Julián Librero López](#) | Navarrabiomed. RICAPPS

Risk factors and care pathways as determinants of health outcomes in patients with type 2 diabetes. CONCEPT DM

[Ignacio Oscoz Villanueva](#) | Navarrabiomed. RICAPPS

Assessing multimorbidity evolution using multi-state modelling and microsimulation: results from a Swedish population-based study.

[Caterina Gregorio](#) | ARC Karolinska Institutet

12:15 – 13:15

Block 4: Health and social care utilization

Chair: Elena Polentinos Castro | Gerencia Asistencial de Atención Primaria. Servicio Madrileño de Salud. Universidad Rey Juan Carlos. IISGM. RICAPPS

Use of healthcare services according to frailty measured by functional performance.

Maider Mateo Abad | Instituto de Investigación Sanitaria Biogipuzkoa. RICAPPS

Association of multimorbidity patterns and 15-year transitions across living and care settings: results from a Swedish population-based study.

Susanna Gentili | ARC Karolinska Institutet

The use of Artificial Intelligence to predict healthcare utilisation outcomes: a scoping review.

Carlos Gallego Moll | IDIAP Jordi Gol. RICAPPS

13:15 – 14:15

Lunch break

14:15 – 15:00

Block 5: Informal care and social support

Chair: Beatriz Aragón Martín | University of St Andrews

Effectiveness of interventions for informal caregivers of older adults: an umbrella review and methodological insights into study overlap.

Mariam Kirvalidze | ARC Karolinska Institutet

Social support and multimorbidity: applicability of the EMPRO tool.

Cristina Lozano Hernández | FIIBAP Madrid. IISGM. RICAPPS

15:00 – 15:45

Block 6. Healthcare professionals: which tools and training do they need?

Chair: Bernardino Oliva Fanlo | Gerencia Atención Primaria de Mallorca. IdISBa. RICAPPS

Care for Patients with Multimorbidity and Polypharmacy: Usability and Cognitive Load of Healthcare Professionals with Decision Support Systems.

Rodrigo Medina García | CS General Ricardos Madrid. Servicio Madrileño de Salud. IISGM. RICAPPS.

What curriculum content and training is needed for health professionals to address the challenges of multimorbidity?

Marcos Castillo Jimena y Alba González Hevilla | Instituto de Investigación Biomédica de Málaga. RICAPPS

16:00-16:30

Block 7: At the starting point

Chair: Aida Moreno Juste, Instituto Aragonés de Ciencias de la Salud. RICAPPS

Multimorbidity and adherence.

Javier López de la Manzanara Perez | PhD LOXO project RICAPPS

Multimorbidity patterns in COVID-19 patients.

Cristina Muntañola Valero | PhD IMPOTRACT project RICAPPS

The effects of multimorbidity on cognitive performance in older adults.

Javier Rubio Serrano | PhD NEDICES-2 project RICAPPS

Multimorbidity in the migrant population and the influence of social determinants.

Claudia Iglesias Carabias | PhD LOXO RICAPPS

Multimorbidity and Sexual Health.

Maria Minué Estirado | PhD LOXO RICAPPS

Multimorbidity and Mental Health.

Ileana Gefaell Larrondo | PhD LOXO RICAPPS

16:30

Closing Remarks

Juan A. López Rodríguez | CS General Ricardos Madrid. Servicio Madrileño de Salud. IISGM. RICAPPS

Marina Guisado Clavero | Unidad Docente Multiprofesional de Atención Familiar y Comunitaria Norte. Servicio Madrileño de Salud. RICAPPS



October 24th - CONFERENCE DAY (Simultaneous translation will be available)

Location: Instituto de Salud Carlos III, Av. de Monforte de Lemos, 5, Fuencarral-El Pardo, 28029 Madrid

9:00 – 9:30	Inaugural Session <u>Marina Pollán Santamaría</u> Director of Instituto de Salud Carlos III <u>Rafael Ramos Blanes</u> Coordinator of RICAPPS <u>Isabel del Cura González</u> Coordinator LOXO-MULTIPAP Multicentric Project. RICAPPS
9:30 – 10:30	Panel 1: Multimorbidity: from its determinants to care interventions Chair: <u>José María Valderas Martínez</u> National University of Singapore <i>Challenges in developing and evaluating multimorbidity interventions (Retos en el desarrollo y la evaluación de intervenciones en multimorbilidad)</i> <u>Susan Smith</u> Trinity College of Dublin <i>Multimorbidity: the role of the social determinants of health (Multimorbilidad: el papel de los determinantes sociales de la salud)</i> <u>Luisa Borrell</u> City University of New York
10:30 – 11:00	Coffee break
11:00 – 12:00	Panel 2: Prevention of multimorbidity: emerging methods and paradigms Chair: <u>Amaia Calderón Larrañaga</u> ARC Karolinska Institutet <i>Secondary and tertiary prevention of multimorbidity: where do we start from? (Prevención secundaria y terciaria de la multimorbilidad: ¿por dónde empezamos?)</i> <u>Davide Liborio Vetrano</u> ARC Karolinska Institutet <i>Quaternary prevention in multimorbidity: when does medicine become too much? (Prevención cuaternaria en la multimorbilidad: ¿En qué momento el uso de la medicina se vuelve excesivo?)</i> <u>Christiane Muth</u> Bielefeld University
12:00 – 13:15	Panel 3: Incorporating patients' perspective into research Chair: <u>Francisca Leiva Fernández</u> IBIMA <i>How do you engage a patient in research? (¿Cómo involucrar a un paciente en la investigación?)</i> <u>Sandrine Lavallé</u> European Patients' Academy on Therapeutic innovation (EUPATI) <i>Experiencias de los pacientes sobre su participación en proyectos de investigación (Patient experiences of participation in research projects)</i> <u>Mónica Suengas</u> European Kidney Patients' Federation <i>Participación de los pacientes en RICAPPS: Retos y expectativas (Patients' participation in the RICAPPS: Challenges and expectations)</i> <u>Maria Homs</u> Fundación Avedis Donabedian. RICAPPS

13:15 – 14:30	Lunch break
14:30 – 16:30	Panel 4. Multimorbidity in RICAPPS Network: Research Oriented Toward Health Outcomes

Chair: Antonio Gimeno Miguel | IACS. RICAPPS

Herramientas de apoyo a la toma de decisiones: proyecto MULTIPAP plus
(Support Tool for decision making: MULTIPAP plus project)

Juan Antonio López Rodríguez | CS General Ricardos. Servicio Madrileño de Salud. IISGM. RICAPPS

Empoderamiento de pacientes con multimorbilidad. Proyecto EMPODERA
(Empowerment of Patients with Multimorbidity. EMPODERA Project)

Ana Isabel González González | Subdirección General de Investigación y Documentación. Consejería de Sanidad, Madrid. IISGM..RICAPPS

Lilisbeth Perestelo Pérez | Servicio de Evaluación y Planificación. Servicio Canario de Salud. RICAPPS

Valoración de la contribución de la genética a la multimorbilidad y su comparación con datos de atención primaria. Proyecto GEMINI (Assessment of the Contribution of Genetics to Multimorbidity and Its Comparison with Primary Care Data. GEMINI Project)

Concepción Violán Fors | IDIAP Jordi Gol. RICAPPS

Multimorbilidad en mujeres largas supervivientes de cáncer de mama. Proyecto SURBCAM (Multimorbidity in Long-Term Breast Cancer Survivors. SURBCAM Project)

María Sala Serra | Instituto de Investigación Hospital del Mar. RICAPPS

Trayectorias de Multimorbilidad y Experiencias de Pacientes y Profesionales en el Sistema Nacional de Salud de España. Proyecto LOXO (Multimorbidity Trajectories and Experiences of Patients and Professionals in the Spanish National Health System. LOXO Project)

Isabel del Cura González | Gerencia Asistencial de Atención Primaria. Servicio Madrileño de Salud. Universidad Rey Juan Carlos. IISGM. RICAPPS

Participación ciudadana: Una experiencia en el proyecto LOXO (Citizen Participation: An Experience in the LOXO Project)

Rafael Rotaeché del Campo | Instituto de Investigación Sanitaria Biogipuzkoa. RICAPPS

16.30 – 17:00	Closing lecture
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El papel de RICORS en la estrategia de ciencia: dónde estamos y hacia dónde podemos avanzar (The Role of RICORS in the Science Strategy: Where We Are and How We Can Move Forward).

María Pilar Gayoso Diz | Subdirectora general de Evaluación y Fomento de la Investigación, Instituto de Salud Carlos III



October 25th - RICAPPS organizational meeting

Location: Instituto de Salud Carlos III

Address: Av. de Monforte de Lemos, 5, Fuencarral-El Pardo, 28029 Madrid

9:00 – 9:15	Presentation
9:15 – 10:30	Questions to Address in RICAPPS: Proposals by Objectives.
10:30 – 11:00	Coffee break
11:00 – 14:00	Executive Committee RICAPPS
14:00	Closing of the day

• Projects ID:

- RICAPPS: RD21/0016, RD21/0016/0027
- LOXO Project: PI22/00768, PI22/01665, PI22/01398, PI22/01684, PI22/00701, PI2201651

• Organisation:

